

element

Soups:

For here: Cup \$3.95, Bowl \$4.95, XL Bowl \$6.95

To go: 8oz \$3.95, 16oz \$7.90, 32oz \$15.80

**Tomato Crab Dill
Chilled Carrot & Coconut*

Salads:

Side \$5, Full \$8

**Curry Chicken Salad
Garden Salad*

Specials:

(Special sandwiches not available as half sandwiches)

**The Canterbury Panini* *9.95*
Roast Beef, Tintern Cheese, Crispy Onions, Tomato, Mixed Greens, and Whole Grain Mustard, served as a grilled Panini.

**Me So Salmon* *9.95*
Seared Salmon with a Miso Ginger Vinaigrette, Mandarin Oranges, and Chow Mein Noodles over Greens

**Buffalo Blue Chicken Salad* *9.95*
Chicken Strips sautéed in Buffalo Sauce with Blue Cheese over Romaine with garden vegetables.

**Qutche of the day* *6.95*
Served with your choice of side mixed green salad or a cup of soup.

Upcoming Events

New Hours

We are now open on Sundays!

Chef-owners David and Stacy Gedney invite you to join us on Sundays for “Brunch”. We will serve our weekly lunch menu plus a few “brunchy” items that the Chefs surprise us with each Sunday. Served 11am to 3pm.

Since we’ve had a promising start, we have also expanded into Sunday dinner service, from 5pm to 8pm.

Tapas at Apartment 2g: Thursday, September 16th

Come enjoy this flavorful Spanish-style dining. What are tapas? Think of this fluid dining experience as an opportunity to try an assortment of mini-entrées, as everyone at the table shares the food, getting a chance to try many dishes throughout the evening. Tapas are served Third Thursdays beginning at 6:30pm. Reservations are required.

Go to jsgourmet.com for details.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

Element — 206 South Royal Avenue, Front Royal, VA — 540.636.9293 — jsgourmet.com
Menu last updated Saturday, September 04, 2010